

|| Hariom ||



Pujya Mota's Letters

# Against Cancer



Hariom Ashram Publication, Surat

॥ हरिःॐ ॥  
॥ Hariom ॥

Pujya Mota's Letters  
*Against Cancer*

Translated by :  
**Prof. Pankaj J. Soni**

Edited by :  
**Rajnibhai**  
Trustee, Hariom Ashram, Surat.



**Hari Om Ashram Publication, Surat.**

॥ हरिःॐ ॥

॥ Hariom ॥

## : INDEX :

- |  |    |   |    |
|--|----|---|----|
| 1. Can you sleep peacefully? .....       | 5  | 35. Stimulating the inborn              |    |
| 2. The only way .....                    | 6  | will to live .....                      | 31 |
| 3. Fear of cancer .....                  | 6  | 36. Relationship with realised soul ... | 31 |
| 4. Body .....                            | 6  | 37. Great grace of God .....            | 32 |
| 5. The inspiring drive .....             | 7  | 38. God's love .....                    | 34 |
| 6. Body does not mean life .....         | 8  | 39. God is companion in                 |    |
| 7. What's in our hands? .....            | 9  | unhappiness .....                       | 35 |
| 8. Prayer and remedy .....               | 9  | 40. Work for God's pleasure .....       | 37 |
| 9. Anxiety about health? .....           | 10 | 41. Pain and sufferings are             |    |
| 10. The significance of prayer .....     | 11 | God's grace .....                       | 38 |
| 11. Motiveless love of a free soul ..... | 12 | 42. Art of enduring .....               | 38 |
| 12. Body, a rare thing .....             | 13 | 43. Unique miracle of God's grace ...   | 41 |
| 13. God's grace everywhere .....         | 14 | 44. Suffering by bodily troubles        |    |
| 14. Support of prayer .....              | 15 | of dear ones .....                      | 42 |
| 15. Youthfulness in the Path to God .    | 16 | 45. God's grace can be obtained         |    |
| 16. Our duty .....                       | 16 | by prayers .....                        | 43 |
| 17. Effort and precaution .....          | 17 | 46. Chant God's name in unrest          |    |
| 18. The Saint's advice .....             | 18 | and anxiety .....                       | 45 |
| 19. Need of body .....                   | 19 | 47. Art of getting Mota's help .....    | 47 |
| 20. Why insist? .....                    | 19 | 48. Action with reciting                |    |
| 21. The purpose of married life .....    | 20 | God's name is Yajna .....               | 47 |
| 22. Good feeling .....                   | 21 | 49. Dear ones are not enthusiastic      |    |
| 23. Take care .....                      | 21 | about taking Path to God .....          | 48 |
| 24. Endure pain .....                    | 21 | 50. Mota's feelings for dear ones ..... | 50 |
| 25. Best medicine .....                  | 22 | 51. Develop feelings by                 |    |
| 26. Even if disease increases .....      | 22 | contact of 'Mota' .....                 | 52 |
| 27. How pain can be reduced .....        | 23 | 52. Punishment of abandoning            |    |
| 28. Increasing faith .....               | 24 | God's name .....                        | 54 |
| 29. What is precaution? .....            | 24 | 53. Mota's prayer at the time of        |    |
| 30. Great Shelter .....                  | 26 | dear ones death .....                   | 54 |
| 31. Knowledge based identification ..    | 26 | 54. Inner awareness is the              |    |
| 32. Preparation for death .....          | 27 | foundation of life's progress .....     | 55 |
| 33. Life eternal; death accidental ..... | 29 |   |    |
| 34. Mystic art of liberated soul         |    |   |    |
| to get related .....                     | 30 |   |    |

॥ हरिःॐ ॥  
॥ Hariom ॥

Dedicated  
To  
ALL CANCER PATIENTS  
&  
THEIR RELATIVES

## **Publisher's Note**

Rev. Shree Mota wrote letters during 1955-56-57 to his beloved friend, who was suffering from cancer. Important letters were edited by Dr. Ramesh M. Bhatt and the same were published by him.

In these letters Rev. Shree Mota has very clearly explained the importance of human-body, the cause for intense inborn will to live, in spite of this the method of preparation for acceptance of death.

We are very much thankful to Mr. Shreyasbhai Pandya of M/s. Sahitya Mudranalaya Pvt. Ltd., Ahmedabad for printing this book with title as his kind devotion to Rev. Shree Mota.

We have taken every possible care for the publication of this book. If any mistake is brought to our notice, it will be corrected in the next edition.

We pray to Almighty God that all cancer patients and their relatives by reading this book will develop courage for endurance, new outlook for acceptance of mortality of body and be free from the fear of death by chanting His name and experience peace in their mind.

Dt. 13-4-2008  
(Ram Navami)

– **Trustees**  
Hariom Ashram, Surat.

## *Can you sleep peacefully?*

How very early do we get up if we have to catch bus or the train? We finish all our work quickly. But, it is a matter of great surprise that nobody makes preparations for the long journey that is imminent and predestined.

("Jeevansopan" 2nd Edi. P. 131)

– **Shri Mota**

How life slips away, without warning!

No one is aware of it; how surprising?

("Shraddha" 1st Edi. P. 216)

– **Shri Mota**

### *The only way*

Dear Sister,

There is no other way except remembering and praying to God. It is not possible to get peace by any other means except it. No one else [except chanting of God's name] can give us peace. ■

### *Fear of cancer*

Dear Brother,

I've received your letter and noted the contents. There is an institute to treat cancer here also. Inquiries about it were made and information was collected personally.

We should not be worried at all by the imaginary fear of cancer. This is a motivation provided by the grace of God, so that we can be active in remembering God. Both of you should keep up praying to God and chanting God's name constantly. ■

### *Body*

Dear Brother and Sister,

Now, we have to pass our days in chanting God's name constantly. Take all measures that you can, but also pray to God devoutly.

The body is not useless. Its existence is surely necessary for our progress.

I'm doing everything possible by me to do by His grace only. I fully know that still you do not have full trust, faith and love for me. But I do not bother about it.

It is my prayer that you always be conscious in remembrance of God. ■

### *The inspiring drive*

Dear Brother,

It is meaningless to believe that the body will cease to exist because of such a disease, or to believe that the body seems to be lighter inspite of it. Cancer is regarded as a bad disease. No sure remedy is yet found out. Thereofre, it is necessary to be cautious. Which other thing except this can be regarded as an inspiring drive or a motivation for remembering God? Now, you should be free from all anxiety about life and death, and make positive preparations.

The real life is the life beyond this stage. And it is not possible to achieve it unless you have full dedication and commitment to God.

Your wife Jaya also should pray and keep up remembering God. The true bond of love is not because of the body only. At the same time, we can't say that the body is an illusion.

The role of body is indeed vital in our progress. Therefore, one should try to protect it, as far as possible.

The best way is to be engrossed in chanting of God's name. ■



## ***Body does not mean life***

Dear Brother and Sister,

I am to tell you that your “will to live” should not at all be decreased. Life cycles are infinite. Life does not cease to exist; it is eternal. Body is not life. Body is necessary for the experience of life’s infinity and therefore its importance is great. The ancient sages studied various techniques; and they discovered the technique of the Yogic practice of Hatha Yoga for protecting it.

All this is not possible for us at present. Therefore, we are helpless to take resort to something else. We must stimulate and strengthen the will to live, through prayers.

There was something before life and there will be something ahead of it. It is not meaningful to think that life is what we live or there was nothing before it and there will be nothing after it. Life begins only after sowing the seed. But the seed had life earlier too. There is something before and behind what we see.

Therefore, what I wish to say is that only body is not life. So, one must not have any anxiety about body. If a man has to care for anything at all, that is for life.



## *What's in our hands?*

Dear Brother and Sister,

Now, the only ideal thing is to live in peace and bliss and to chant God's name, in whatever condition we are. Body is needed for our progress. Body is not an illusion, but we cannot stop it from passing away. The only thing that we have in our hands is to develop the mental state to be free from the sorrow about it. Remembering God is not an impossible thing. Both of you should make efforts to stimulate enthusiasm about it to encourage each other to be engrossed in it.

People say that the therapy of rays brings weakness in body first and then the condition is improved. Then, why not wait for two months more? Only one month has passed after you have started taking rays from 16-6-1956. Remaining one month will speedily be over soon. ■

## *Prayer and remedy*

Dear Brother and Sister,

Much can be achieved if prayer is offered heartily and with all compassion and sincere dedication.

It would be an ignorance to say that things will change by my prayers only. I've not said so. I believe in praying and I practise it. I was commanded to stop praying. But how can one help doing it that way? I wrote about it to someone else.

The moment you come to know that you have cancer of the third stage and that too malignant, you have to take remedial measures. Even Shri Ramkrishna Paramhans and Shri Raman Maharshi who were fully dedicated to God have advised to undergo medical treatment. They had themselves taken treatment. We had withdrawn out of cowardice and not out of any heroism. We would be happy if we had that quality. I do not feel offended at all. And by whom should I feel offended? On the contrary, I feel like coming to see you after knowing that you are growing weaker and weaker. ■

### *Anxiety about health?*

Dear Brother and Sister,

From your letter it appears that your health is not improving. And yet Brother writes "From my physical condition it seems that the health is improving." I fail to understand the contradiction. It is true that we have nothing like anxiety. Why should we be worried at all? To be worried about body is meaningless. Worry increases anxiety. And, can our anxiety be removed or our life can be protected by being worried about it? Therefore, much more emphasis should be placed on chanting of God's name. It is enough if that can be achieved; nothing else is, then, required. As such, everything that is predestined is bound to happen. Our Lord is our master. His grace is found in every good and evil.

Sister, please note that you should not be worried about anything. You should be free from anxiety. If anxiety takes hold of the mind, the best way is to chant

God's name and to surrender to Him. Therefore you have to pass days in peace and joy by chanting God's name. That is the only way out. You have to show full courage.

Keep chanting God's name. It is sufficient if remembrance of God persists. ■

### *The significance of prayer*

Dear Brother and Sister,

I have been thinking about you very often since yesterday. And I have been dedicating those memories at the lotus feet of God devoutly with prayers.

There is no reason to cherish a wishful thinking that life will be protected due to my prayers. If it happens so, the prayers do not gain more importance, and if does not happen so, the prayers do not lose their significance. The immediate cause of prayers may be the physical ailment but prayers cover so many other things. So, we all should offer prayers.

It is my experience by the grace of God, that if the prayer is done with full concentration of mind and if it comes from the depth of our heart, it becomes a power. We can take resort to prayers when we are in some puzzle or when we are sad and sorrowful. Of course, prayer can prove inspiring to the person who has faith and trust in it. And who else except them would take resort to it? ■

## *Motiveless love of a free soul*

Dear Brother and Sister,

Not only that you lack hearty affection for me, but you have some other feelings too. You have abused This Being and you have hung his photograph upside down and you have done so in my presence. Although you had some secret motive in dosing so. In spite of knowing all this, I have never fostered any ill-will for either of you. Nor have I abandoned you. You have very often discarded This Being, and ignored him. Still however, you're my heartfelt relatives and will always remain so.

It is good if your faith and devotion are strengthened by believing that my prayers bring improvement in your health. Otherwise, everyone rules out the possibility of any improvement in the Third Stage Type Cancer. I have enquired about it at so many places. But can we give up our efforts because of it? We must make all possible efforts for its cure.

Struggle is the highest mission of life. One has to struggle hard with all spiritual force against the hindrances and obstracles. Therefore, one has to offer prayers to God devoutly to change the condition even if the result is inevitable. And, it is not that only body is involved in prayers. In fact, the whole of our being is involved in it.

You should not be delighted by the gradual improvement taking place. Such changes are casual. You can't say when the body will collapse. You should be my true devotee after you recover fully. ■

### *Body, a rare thing*

Dear Brother and Sister,

I do give much importance to body. The body is essential for the spiritual experience of consciousness. It is not possible to have such experience in absence of the human body. And it is also not possible to reach the highest peak of our ideal without the support of the body. After shedding numerous such human bodies, it becomes possible for some rare human being to realise God by the grace of God. Moreover, there are few rare human beings who have the motivation and will for the realisation of God. And only a rare person out of such willful and motivated humans can have the experience of it. Therefore, such a human body is regarded as rare, and it is necessary to protect it. So, even if the body exists or not, this Being is eager to invite God's grace.

Although, the human body is mortal the continuity and entirety of life is not broken. Therefore, rebirths are possible. So I find infinite potential in the prayers of Shri Hari. Therefore This Being cannot give up its resort. Your wife and you should see to it that chanting of God's name continues forever.

I request you to follow my advice : Don't forget God. If this is done heartily God will take care of all other things. ■

## *God's grace everywhere*

Dear Brother,

It is good that you have got the facility to do your work in the office for 3-4 hours for four months. Such facility is available to us neither because of our amicable nature, nor because of somebody's sympathy for us. But it is what it is. That grace of God can be greatly fruitful if we consciously and devoutly try to be one with it enthusiastically, by recognising it and appreciating it.

It is not an ordinary grace that you were not seriously injured even if you fumbled, faltered and fell on a big stone because of fainting due to physical weakness. You must experience the grace of God everywhere. And if you sincerely feel that this is the God's grace, be engrossed in Him. ■

Dear Brother and Sister,

Keep up chanting God's name. If the awareness about Him and His constant remembrance is reflected in the daily routine, life can be enkindled.

You should be deeply engrossed in His remembrance and prayers by the grace of God. Moreover, whenever you are reminded of Cancer, take resort to praying God.

Kindly develop amicability and love for each other.

Try to enkindle "Mota" in your heart with love and devotion. What more should I write? ■

## *Support of prayer*

Dear Brother & Sister,

Cancer is a fatal disease. It can not be cured. Consider it as God's grace if there appears to be improvement or if there's no pain, or if the condition does not become unbearable.

The disease has arrived to kindle awareness. It has come to wake up us from a deep slumber, if we are not awakened by anything else. Therefore, you have to live like an awakened person. Keep up remembering Him.

The disease has affected the body only. Therefore, do what you can courageously and without lamenting over it.

What happened to Mama by God's grace—even death could be avoided (of course it is not possible in everyone's case)—is the fact so clear to me that I have developed deep faith in Him. I have been praying for you also. Every good thought has its result. It must yield fruits but the same hearty cooperation and response filled with love and devotion is not received from the opposite end.

One man from here wrote to me at Kumbhakonam, "Mota, our work should be accomplished before you come to Nadiad." I believe in praying to God for one or the other trouble. Therefore, I have been praying for that man also. It is possible that his work can be accomplished by God's grace before I reach Nadiad, if it is to be accomplished by His grace. This Being has experienced in this life so many incidents exhibiting the power of His grace. I have written about only a few of them. ■



## *Youthfulness in the Path to God*

Dear Brother,

It is not a good sign that your body grows weaker gradually. The body is certain to perish one or the other day. Why should we worry about it as we are young and are on the path to God. Therefore, kindly surrender to Him and give as much importance to remembering God's name as you can. ■

## *Our duty*

Dear Sister,

Keep up chanting God's name. We must do our duty. It is not our function to see whether the opposite party has affection for us or not. ■

Dear Brother and Sister,

Take about two and a half Tolas (about 30 grams) of raw onion every morning and evening. It is helpful in the treatment of Cancer.

Chant God's name as much as you can. We have to take care to avoid any hindrance. We cannot afford to be careless about it.

You should not do any such work at the moment which might cause physical exertion. Please do not use bicycle for commuting. Do not distract your mind while you are at ■

---

home. But make efforts to concentrate and develop attachment for God devotionally.

Let your wife do her chores herself. You should, kindly, be engrossed in making experiments by taking care of your health and be engrossed in remembering God's name. ■

Dear Brother,

You wish to know about death. I suggest that you should refer to page No. 249 of "Jivan Sandesh" where a letter to that effect is published.

I am happy to learn that you have started reciting the mantra of 'Hariom', constantly.

Take it for granted that one who has the habit of doing things at one's own convenience, is never going to be successful in life. ■

### *Effort and precaution*

Dear Brother,

The fact that loud recitation causes pain in your throat suggests that there is some trouble in it. You can recite God's name by lips and tongue without using your throat. You can take help of rosary also. You can ask your wife to recite the mantra of 'Hariom' loudly and you can get engrossed in it. The most important thing is fixity in God's name. And you should make efforts for it.

It is not a good sign that there is bleeding in your throat. You need rest at any cost.

I have learnt about the taking of Deep X-ray. Do not take physical exertion yourself. You can only move about in the house. ■

### *The Saint's advice*

Dear Sister,

Brother met me last night. As such his health appears to be normal. But Cancer is a bad disease. From the day I have learnt about it, I have been praying to God daily for him. If he is not fully recovered, he cannot earn his livelihood and he will need money too.

I know about the pain in your knee, but I cannot advise you to give up your job. If you listen to my advice in right earnest, you will be benefitted. You will not understand this at this juncture. You must spend money most economically. Follow this advice in the right earnest. Brother is not so particular about money and you too may have the same attitude. Both of you should be careful in spending. Take it from me that saving will be very useful to you in future.

There is no other alternative except to endure the agony of the disease, without complaint. Sister passes her days in peace and delight in Trichi, though she suffers from the same disease. I too have the pain in my left thigh. You can enquire at Kumbhakonam if you don't believe it. Sometime there is such swelling on the left thigh that it appears like a big ball! Therefore I say that one must endure pain without complaint, as it comes to him as his lot. ■

## *Need of body*

Dear Brother,

Take great care that your body does not undergo any exertion. Body is a God's gift to us. Therefore you must look after your body carefully. We do not wish to make our body immortal, but the body is necessary for making us aware of our goal.

Therefore, you need to be engrossed in the remembrance of God's name. It is a sad thing that though you advise Jaya to recite God's name, but you yourself do not chant devotionally and continuously. ■

Dear Brother,

The attitude to get a quick gain can often bring unwanted results. Keep up reciting God's name. And it is good if it continues without any obstruction. ■

## *Why insist?*

Dear Sister,

We cannot convince others about our belief forcefully. Therefore we must advise others once or twice affectionately. It is good if the advice is followed properly. Our insistence about conviction is also not good. Insistence about the condition of dualism in everything is not beneficial. If you wish to insist on anything, insist on enlivening the practice of penance. ■

Dear Brother,

Kindly be affectionate. If you have self-confidence that you will fully recover, then such a confidence will be reiterated in me and will be manifested. I continue to pray to God regularly. ■

### *The purpose of married life*

Dear Brother,

I am happy to learn that you are developing self-confidence in staying alive.

We were singing a song,

“The castle walls can break, if you’ve self-confidence!”

If our self-confidence has developed in its true spirit, other’s self-confidence also can be helpful. Therefore, please keep up praying to God with full self-confidence.

A man’s or a woman’s heart is always hankering for love. When it is received, a unique kind of delight is born. One has the feeling of passing lives after lives in such pining. And the life’s reality appears to be so thrilling that you can’t imagine of it! We have ourselves made our life dull. Life is an inexhaustible spring of joy.

The differences of thinking, nature and personality of man and woman are meant to mould each other’s life. If understanding about it is enkindled, permanent joy might be gained and it sustains. ■

### *Good feeling*

Dear Brother,

We have yet to develop good feeling more. It is in our interest if we develop it. You can understand its importance when good feeling for others bears fruits in course of time.

If we have good feelings for others, there are rare chances of entering into conflict with others. As a result our peace of mind and cheerfulness are preserved. Therefore, it is necessary for you to practise it. [You may not personally knowing but] You are considered as a reserved person. In life and in our day to day social life, we have to meet others and mix with them. We have not learnt that fully yet.

Conversation is an art, and in our society anyone has hardly mastered that technique. ■

### *Take care*

Dear Brother,

Allergy is not a good sign. There is no medicine for Cancer in Ayurved. Still however, you may try it. If mud-treatment proves fruitful it is good. But please see that nothing is done in excess. ■

### *Endure pain*

Dear Brother,

I pray to you that we have to endure everything with love, patience and while reciting God's name. We should not be cowardly and be distressed while suffering pain.

If we can endure our lot—good or bad—with peace, cheerfulness, joy, patience, forbearance and equanimity, our life would be fruitful. ■

### *Best medicine*

Dear Brother,

If the medicine of reciting God's name is taken devoutly, alongwith all other things, it will prove most potent.

A couple has arrived to Surat. The wife has a severe pain of cietica in her legs and they have come here in faith that she would be cured. Both of them are chanting God's name constantly. In the beginning she was confined to cot only. Even food was served to her in the bed. But now she can cook and do all the chores herself. She can now go upto the bank of the river.

Kindly have trust in God and recite His name silently, if not loudly, using the lips. Those who believe themselves closer to me, in fact they have no faith and devotion for this soul.

If the mud-treatment is beneficial, continue it. If you feel that the Ayurvedic medicine will suit you, you can try it as well. ■

### *Even if disease increases*

Dear Brother,

From your letter it seems that your disease continues to increase. We should not get depressed about it in anyway. Let the things take shape naturally. It is best if the recitation of God's name continues in anyway. ■

## *How pain can be reduced*

Dear Brother,

We must have mental peace and live peacefully by the grace of God; no matter whether we have weakness or any such thing. We must recite God's name as much as possible. Things predestined are bound to happen. We are unnecessarily extending the time of anxiety by pondering over the matter of anxiety. If we consider our pain as a grace of God without anxiety, the period of that anxiety is shortened. Therefore, bear the pain cheerfully by remembering God. Why should we bother at all? The pain that we cannot remove ourselves, or the doctors cannot cure it, must be endured, taking it as our destiny. What we can do is to take medical treatment, have faith in God and recite God's name. Therefore, we have to do these three things whole-heartedly and diligently.

By the grace of God I have an acute pain on Glucoma. Only one who has suffered from it knows how terrible are its throbbings in the brain. But I am not at all worried about it and I have no anxiety about it. It is not a matter of worry. We have to endure it with a smiling face and live in a carefree way. Real happiness lies in struggle and it is a dignified way to live like it. We should not be meek and mild unnecessarily.

The timid bullock has the pain of being timid and in addition it suffers from spurring and pricks in its body. So we should not be depressed at all. Therefore, be brave, be patient and be determined to endure everything by



God's name. We rely on you (to display real bravery) only. Writing you as how much concerned I am about you has no meaning.

I cannot be with you in such conditions of your health because I have many commitments to fulfil. Therefore, you should not take it otherwise. Keep up increasing true affection in your heart so that closeness also can be felt. ■

### *Increasing faith*

Dear Brother,

One of my friends from Surat is here. He is B.Com. His wife was not in a position to walk or do any work when she came here. But recitation of God's name has shown good effects on her. It is not that recitation of God's name can cure everyone, but it can help the one who has faith in it. ■

### *What is precaution?*

Dear Brother,

I have been receiving reports about your health regularly. I feel like coming to see you, when I find time. Do not do any work of exertion. Check up the weight regularly. You should be cautious about the decreasing weight, loss of appetite and weakness.

You should be cautious about these things by the grace of God and chant God's name. Nobody can say when the galloping period comes in this disease. Therefore, precaution is necessary. One should always be hopeful and never fail in remembering God's name.

Let the things take their natural course. We must be

cool and composed. Don't be anxious about anything. If we use rashness at random, we may be in trouble. Even a virtue in excess can turn into vice. Therefore, please take care. We rely only for the worldly persons, the body is their main support. Of course, for people like us, the body is not the only support, as the soul also is our support. All these problems arise because we have not given as much importance to the soul as to the body. ■

Dear Brother,

It is a good thing that you have faith in God. But, so long as we are in the state of worldly life, we must do something to take care of it and precaution about it.

When health deteriorates, or begins to deteriorate, one or the other trouble is added. Keep up chanting God's name. ■

Dear Brother,

My mind is not at peace at all, after reading the contents of your letter. Therefore, I pray to God emotionally to do everything that is for our good.

If Hemantbhai comes to Nadiad Ashram, I would like to meet you once more. Do not worry about anything and have no anxiety. You have to show faith in God and be optimistic for ever. Confusion increases anxiety and the period of anxiety also is extended. Therefore, one must be brave by the grace of God in such condition. When our physical condition deteriorates, the best thing to do is to be engrossed in chanting God's name more devotionally by being cautious. ■

## *Great Shelter*

Dear Brother,

Do write to me whether your weight continues to reduce. Feeling weakness and damage in the right eye are not good signs.

We have to endure everything gracefully and without any worry. It is God's grace that you are not much uneasy and nervous.

Our real support is God only. Therefore, we must give importance to it heartily. The real shelter is hearty recitation of God's name. Therefore, take resort to that shelter by His grace. Shri Hari is our real support. We can't rely on anyone else's help as that of God. ■

## *Knowledge based identification*

Dear Brother & Sister,

Every living being that is born, has to pass away. So, there should be no fear or sorrow about death. On the contrary, we must make intense preparation to accept it heartily.

This Being invited death with joy 2 to 3 times in life. This Being staked his body for the life of Nandubhai's maternal uncle. I cannot do anything without God's command and without the inspiration, as fiery as volcano. However, there are numerous events showing the identification based on knowledge and devotion of this Being with many other living beings and their bodies.

I myself and others living with me are confident that you are not the only sufferer. His only real relative by the grace of God, is this Being. But, like other worldly relatives, I do not have any fear or a sense of sorrow. Or you can say, although selfless emotional attachment for the relative, enkindled by the grace of God, keeps me attached with him. It is possible to be in the company of the relatives obtained by the grace of God, but in fact, they are not with me. I have experienced it so many times that I'm not in their hearts.

I am assured by the power of love for those related to me by the grace of God, that I am going to have the company of that Being permanently. No one can escape from my company. Though I cannot have a claim like that but I am writing to you what I have felt. Therefore, I request him not to be sorrowful, or sad ever, and never cherish the fear of death. He should not let the inborn desire to sustain life get mollified ever. Take keen interest in the work or the activity on hand. Do not lie dumb. Talk about the things which may inspire devotion. Some reading also is advisable. Do not be depressed in any case.

What is going to be destroyed is the body but that which is inside the body is not to be destroyed. There is no reason to believe that this is an idle play of intelligence. Therefore, we must be prepared cheerfully to maintain peace, cheerfulness and patience would be ideal. ■

### *Preparation for death*

Dear Sister,

The disease has spread from the eyes upto the nose. The right nostril gets blocked very often. Blocking of nostrils

makes one restless. Though this condition is not soothing to the heart, we must try to keep up peace and cheerfulness. We are not going to avoid the consequences by the fear of death or by anxiety. Therefore, keep up chanting God's name with carefree mind. You must show more and more courage. If you remember me heartily, courage will come to your rescue. It is surprising if the nearest ones do not consider their close ones to be their own heartily. Giving consolation does not prove fruitful. Consolation is born spontaneously by faith and trust. So you must take resort to it. That will be supportive. The difficult time lies ahead now only.

The affection of relatives is for developing that attitude and for being one with one's ownself.

One who tried to realise the self, does not face any difficulty, puzzle or confusion. He can visualise and understand everything without any confusion and keeps himself quite composed.

Wailing does not help. On the contrary it increases timidity and confusion. Now only, we have to be more patient, courageous and tolerant and have faith in God. That which is predestined is going to happen. Therefore, instead of having any anxiety, try to develop faith and trust in God more and more. One who has confidence and trust does not become depressed or dispirited. Like breathing or blood-circulation, support, help, warmth and sympathy automatically come to us by trust and confidence. ■

## *Life eternal; death accidental*

Dear Brother & Sister,

We have to try out giving the deep X-ray at the spot where the disease has its roots. And it is advisable also.

I am happy to learn that the inborn will to live has not decreased but contrarily, it has increased and there is much more stamina than before.

I believe life to be eternal and death to be casual or accidental. Death cannot break the entirety and continuity of life. This Being cannot be said to have controlled death. In that case, death might not occur at all. Since He has adopted body it is subject to death. But is possible to extend it. There is however no possibility that body can last for infinite time.

It is most difficult to break tie and possessiveness of body in the filed of spirituality. So in order to break its tie the spiritual master ordered this Being to go naked through the city of Karanchi. And the same thing was repeated so many other times.

Neither of you should be depressed by anything, or be confused or confounded. Why to be afraid of death? It is a fixed phenomenon. It is as natural as passing stool or urine. We are never worried about these things but on the contrary we feel eased. The same is the case with death.



## *Mystic art of liberated soul to get related*

Dear Brother & Sister,

I would like to advise the brother to intensify the inborn will to sustain life. Life has its entirety and continuity. Its entirety is not broken. Thus life is eternal. Birth and death are merely the stages of change. Of course, it is not quite accidental. We, the worldly beings, think of birth and death but we never give thought to life entirety. That means, we do not give much thought to the life which is eternal.

If we think of death as a change, then it is like our journey from Rajkot to Bombay. And it is so normal that we have nothing much to think about it. We take the journey as a normal thing and accept it like that. Thereofre, all of us should give thought to life rather than to death.

By God's grace both of you be free from worry. I shall be much happy here as you are free from worry there.

The understading that our thinking of life is different in comparsion to that of the worldly human beings engaged in various kinds of frauds and intrigues. However, This Being has affection for you by the grace of God and I am pretty sure, that it will operate in any manner. You will never be separated from me. Take it for granted that I will not be at rest unless I keep you with me in any condition, by the grace of God. I cannot give any testimony to that in any worldly way, because it is a divine and subtle art of life. ■

### *Stimulating the inborn will to live*

Dear Brother,

Cancer has shown its signs on the upper part of the nose clearly and that part is 'radioactive'. Therefore, rays will be given as advised.

From the time you came to me by the grace of God and decided to be united by sacred relationship with me, the grace of God has started playing role in your life. And since 1942 till today you have experienced smoothness in life wherever you stayed.

This one is a fatal difficulty in your life, and that also has come to warn us and make us aware. I clearly understand it to be God's grace. Now, we have not to worry about anything. Whatever is to happen, let it be menily. We are fully prepared for it.

No sign of seriousness should be there on your face and you should not mind it seriously. Be light hearted and stimulate the will to live as long as possible. Life does not break; it has entirety and continuity. Be completely carefree. ■

### *Relationship with realised soul*

Dear Brother & Sister,

Because you were strongly emotionally moved, you could not help weeping although you tried to be very firm. Most of the times your mind is thinking of future and your heart is chocked with feelings quite often. I have come to know all this.



Nobody can visualize the future. Therefore, such imaginary thoughts are disadvantageous. Such thoughts are never rewarding. On the contrary, such thoughts make us sad and anxious. It is best to remember God, pray to Him and have patience. Sorrow, grief and anxiety weaken our body and dishearten us. We loose courage also and we become completely depressed. Therefore, one should not be depressed for such reasons. If our relationship for all these years, is not helpful to us at a critical moment, then consider that relationship to be hollow.

The relationship does not exist without the attraction of the heart, then how can it be long-lived. And attraction is not born without feelings. Therefore, if you develop that feeling and strengthen emotional tie, you will get greater support as well as sympathy. We have to sustain ourselves in such crisis by the grace of God. There is no reason for worry and there should be no anxiety about the future.

The earnest attachment born out of earnest feelings is never broken. I consider the wailing of the worldly Being as futile. As their joy is futile, their wailing also is futile. The only remedy is to be engrossed in remembering God's name. ■

### *Great grace of God*

Dear Brother,

Increase in the pulse rate is not a good sign.

You have appropriately said in your letter that you have no doubt about the disease being a great grace of God. And I am pleased to learn about your understanding

that this disease is contributing to the development of your life.

Why should we worry even about such a fatal disease or even about death? We should be free from any fear of such things. We must recite God's name and not allow our in born will to live to dilute. We wish to be united with God. And those beings who have accepted the mission of being united with Him, have suffered from various kinds of clashes, hardships, difficulties, confusions and physical pains. Therefore, if we take this lot as a grace of God and endure it calmly and without any sense of boredom and anxiety, we can attain progress in life.

If we consider this disease as a grace of God, we must be happy in enduring it. We must believe and consider our understanding about God's grace to be proper, if we have such conviction. How happy would a starving poor man be when he accidently gets a five rupee note from somewhere? In the same way, we also must have the sense of joy when we get God's grace. God is within us and **Sachchidanand** is His form. Therefore, you must be firm in your courage and be completely free from worries. You should never have anxiety about future. As such, one who is worried about future is foolish and ignorant. The being whose present is protected in an appropriate way, has a safe future.

Both of you should keep chanting God's name. ■

## *God's love*

Dear Brother & Sister,

I appreciate the feelings with which you have written to me. My feelings for you will never change by whatever you write or say. I had the same feelings for you when you abused me and I have the same feelings today when you consider me as God.

The role of body is indeed very great for the progress of life. Therefore, This Being considers the body to be a very important thing. So we must make efforts to sustain the body and to lengthen our life-span.

This Being is not God or any such thing. I am what I am by the grace of God. The real power is the power of God's grace. Only confidence in God is reliable, and faith in Him is the only dependable thing. However great a human being may be, but so long as he has in a human body, he cannot be regarded as God, although God has descended in him. The body of such a soul established in consciousness is not its limitation, nor is it an obstacle. The body of such a soul is playing its role earnestly by being attached to numerous beings, simultaneously.

The different changes taking place during a single day in This Body is a testimony to it. But you must have the heart to understand it. Intelligence is of no use. The body of a **Sadguru** or his habits, life-style etc. are not a **Sadguru**. Consciousness in its wholeness including its support is **Sadguru**.

Therefore, we must be engrossed in the recitation of God's name only. Do not abandon it. Only He is the real doer, our only support, real helper, protector and a true friend. ■

Dear Brother & Sister,

Even my own pulse rate is 100-112. Shree Shantilal Tamakuwala of Surat counted them this morning only. This is a fact. Therefore, please keep up reciting God's name, and be engrossed devotionally in whom you consider 'Mota' (not physical). Do not try to walk or do any other work until you gain stamina. Do not have any worry or anxiety about anything. You have to take special care about avoiding the chain of thoughts, when some thoughts flash in the mind. ■

### *God is companion in unhappiness*

Dear Brother & Sister,

It is a good sign that you experience good health, although you have weakness. And it is the best thing that you remember God with every heart beat. No other thing is as powerful as confidence in God. If that confidence increases and becomes active, some such power is born in human heart that man takes no time to overcome miseries.

Sister is to note that you should not loose courage because of much trouble in your leg. Have confidence in God. Your unhappiness will be lightened if you create an

awareness that you are not alone in unhappiness and you will be able to endure it cheerfully. I have not written this to you only for solace. By God's grace this being is suffering something or the other simultaneously for so many beings. Nobody knows its real importance of this open fact, as hearty love for him is not born in the dear ones of This Being.

Of course, I do not care for it, but I feel sorry for those dear ones because the real wealth they have obtained is not utilised at a proper time.

You should be free from worries. Do everything that you can do cheerfully and with courage. Do not allow any sense of sorrow or boredom enter into your mind. If it happens like that, all that you have done will become useless. I always move about as per the schedule in any of my physical condition. That is also the power given by God. The body does not appear to be out of order but only He who lives within knows its real condition.

You need much courage and patience at this juncture. Please do not be worn out. Though you are suffering bodily by God's grace, fulfil your duty with love and devotion and see that you are successful in it. Don't think that you are alone in your miseries. Remember God and Sadguru very often with love and devotion and pray to them to grant you their grace, strength and help. Feel that their grace sustains and helps us. ■

## *Work for God's pleasure*

Dear Brother & Sister,

Received your letter of 23-5-'57. One has to do the work given to him by the grace of God. And if it is to be done, why not do it cheerfully? Living in that way personally, by the grace of God, I tell all my dear ones that if the work entrusted to us is done with faith in the theory of Karma and learn the technique of doing it, in the best way, that work is no less than worship to God. Take it for granted that if the work is done with the feeling of fulfilling duty, we never experience boredom, worry, fatigue or anxiety.

It is in our interest to cherish the feeling that God's plan is always for our good. We should never be depressed. We must maintain peace of mind and do all the work for God's sake. Reinforce in the mind the feeling that whatever we do is done for the sake of God. Work done without hearty feelings is not the work in its true sense. It becomes simply a show. One who does the work with hearty feelings gets deep self-satisfaction. Such a work gives us the peace of mind and real joy, and we feel relaxed. Though we are surrounded by worries, diseases and troubles, they cannot touch us if that hearty feeling is alive in us. Therefore, give priority and importance to hearty feelings in life. And continue to do all work for God's sake with that feeling.



## *Pain and sufferings are God's grace*

Dear Brother & Sister,

Consider it to be God's grace that no unbearable pain has been experienced so far. We are free from pain if we endure it cheerfully, and without any sense of worry and anxiety. Whatever we have received is given to use for being free and for getting training for freedom. As such, every living being is groping in darkness. But he has no awareness about it. We do not wish to grope in darkness by the grace of God. We have to have firm belief that our sufferings are for the training of getting freedom. Agony and pain are His grace. So many poems published in 'Jivan Pagle' on 'unhappiness' written for you have been published. I do not have a copy of it, otherwise I would have sent to you. It is our duty as well as commitment to pass through the odd circumstances with peace and joy.



## *Art of enduring*

Dear Sister,

Whatever comes to us as our lot must be endured with joy, peace of mind and patience. If you have a sense of worry or fatigue about it, those sufferings will react upon us 100 times larger. It is certain that the hold of sufferings will be loosened if you endure them with peace, joy and patience.



Dear Sister,

The whole of this year is year of crisis for us. Life will be cheerful if we pass our time in peace, joy and in chanting God's name. If we cherish worries, boredom and a sense of disappointment, they will react upon us 100 times larger. Therefore, please do not have the sense of boredom, anxiety and worry about the condition we are in. ■

Dear Sister,

It seems that Brother has a swelling in his right nostril since 6-7 days, and he must be facing problems because the nostril is blocked. The chapter of 'light' will be over soon. We will see after returning, what improvement takes place in Rajkot.

I wrote to you in one letter that the year 1957 is a tough one. About six months of that tough year have already passed. Somehow if the rest of the six months pass by the grace of God, we may have a renewed life!

The treatment for debility of.... must be in progress. It is heard that treatment of Cobalt rays for Cancer will start in V. S. Hospital, Amdavad after 5-6 months. And if it is started, everybody says it is an effective treatment for Cancer. ■



Dear Brother & Sister,

I am not feeling good on learning from your letter that there is no favourable effect on the original tumour of Cancer. You write that there are also two more tumours and the part from the head to the neck on the right side loses sensation, after walking for some time and there is a throbbing pain. You also write that the speech is not clear under the effect of it. All this makes me upset. It is not a good sign that the right nostril gets blocked soon after resting on the right side.



Dear Sister,

I do not believe in the belief at all that I am showing my feelings only if I come to Rajkot personally. I have feelings for such Beings whom I have never met in my life. Nobody will believe and understand this, and it is not his fault if he does not believe it. But it is a fact. So if I do not come there, do not take it ill or be sorry about it. I am now beyond such considerations that I must behave in a particular way and act according to other's expectations. Formerly, it happened by the grace of God to stimulate feelings for This Being. Even now also I might surely behave so for some new comer.

That means by God's grace behaviour differs with each being. Of course, it is same for each being. But only I am taken to task for it. I write to you this clearly to show special affection and feelings for you. Writing to you in a flattering way does not help us in anyway. On the contrary,

you have not spared This Being from abusing and harrasing limitlessly. And if, at all, you have given him anything, that is pain. What to say about those beings who do not understand the sentiments of a being who always thinks of their welfare? ■

### *Unique miralce of God's grace*

Dear Brother & Sister,

It is a great surprise that brother's job still continues though he does not attend the office. Even Parikshitbhai was surprised to hear it.

Such things were possible by the grace of Kings in the old princely states formerly. But it is not possible in our republic state.

Many years ago, in Bhayli-Koyali (Near Vadodara) there lived a teacher called Mansukhram Master, who had taken a vow to go to Dakor on every full-moon day. Once the inspector visited his school when Mansukhram had gone to Dakor, but Mansurkhram was found very much present in the school. When the inspector went to the railway station after the school-inspection was over, he saw the real Mansurkhram Master getting down from the train carriage. He said to the inspector, "Sir, I've taken a vow to have Darshan of Ranchhodrai at Dakor every Purnima. As I had been there I could not remain present in the School. Kindly forgive me for this fault." But the inspector said, "But you yourself were very much there in the school and I have written a good remark in the report book about your work. I'm really surprised to see you getting down from the train carriage."

Then Mansukhram Master felt that God had to take that much trouble to save his credit! So he resigned from the post of teacher.

After that he had performed a great Yajna. I do remember that I attended that Yajna with my mother when I was a small child.

In the same way, it is a big surprise that your job has continued though you are at home and are unable to visit village schools for inspection.

This is the sign of the miracle of God's grace. Many officers must be falling ill but I have not heard such things in their cases. Try to understand the significance of it and pray to God more and more devoutly. ■

### *Suffering by bodily troubles of dear ones*

Dear Sister,

I wrote to you once that my legs have lost all strength and I am just dragging on because of the weakness in the body. Now Brother also experiences the same. Moreover, this body suffers from many other ailments of brother's body. All those beings with whom This Being is related have the common Prakriti. Purush is one and Prakriti also is one. After having the complete experience of Purush and then, after realising it, such soul experiences that Prakriti also is the same. The world and the society are the worshippers of the dead. No one understands or recognises the living one. People will be stunned on reading from the biography of This Being what his body suffered from, due to the Prakriti of other beings. And then, people

will think, “My God! we could not take benefit of him when he was alive! Therefore, you should have no worry about anything.

Have only single thought in heart, “Almighty God is with me. His surrender is the real surrender.” Therefore, you should not be worried about what is happening or be confused about it. I fully agree with your decision not to call the relatives. On the contrary those people will pollute the atmosphere. You must keep up reciting God’s name and bid good bye. We are, in no case, parting from Brother. What passes away is the body, not the soul. So, have courage and keep ‘Mota’ with you. Do not part from Him.

■

Dear Brother & Sister,

Do something by which brother gets full satisfaction from us. Do not worry about your health. Have full trust that God will take care of him. I am with brother mentally as I am with him physically.

■

### ***God’s grace can be obtained by prayers***

Dear Sister,

Do not worry about anything. I heartily wish to be at your side. Please have courage. God is Almighty. Ask for His grace by praying to Him. Recite God’s name continuously.

I wish to live with brother heartily. All depends on you. You should not lose courage in any circumstances. Have courage and be brave. You will certainly get His help.

■

Dear Sister,

Keep me informed about Brother's health. If any untoward thing happens, send me a telegram. It is better if the end does not come. And if it comes, I feel like being there. What is the benefit of writing about my health? God's grace aims at being with Brother. These are the subtle things of feelings. I rely on you. You must show courage and be brave. No one can avoid happiness or unhappiness. So it is good not to pay any attention to it. Hearty love to brother. ■

Dear Sister,

I learnt about the condition of brother's health. I move about with laden heart after reading it. We too have feelings. Detachment does not mean being free from feelings. If I were in Gujarat I could rush to the spot if anything unwanted happened. In view of such condition of Brother, I would not like to stay there any more. It would cause trouble to you and create hinderance in your treatment.

Now, you should go on leave without pay. Otherwise, people will blame you. We do not care for it but there can be an obstacle in your care and treatment. ■

Dear Sister,

Try to understand God's grace yourself.

How can I stimulate courage and patience by writing to you? It is function of the heart..

It is a proven fact how much This Being suffers by bodily troubles of others. It is a good sign that you are aware of it.

Be brave and manly. ■

### *Chant God's name in unrest and anxiety*

Dear Brother,

Boredom breeds more boredom. It is good to endure everything with peace and patience. It is not meaningful to part with the body deliberately. You can relax by making efforts to pray to God and by reciting His name. It is quite certain that if we foster boredom, pain, unrest and anxiety, they will come before us in more intense form. All such spirits appeared before me when I was engrossed in my penance. I had hard time in making efforts to remove them. It would not have been possible to remove them if I did not have God's grace pouring on me. Therefore, please understand that wisdom lies in being engrossed in reciting God's name when such feelings of depression arise. Beware; beware.

When the mind is disturbed or you experience agony, recite God's name. ■

Dear Sister,

I learnt from your letter that you had a severe pain during masturbation. When miseries come, they come from all sides. Therefore, you have to endure everything patiently and peacefully.

There is not manliness in dying in agony. Who would like to die in agony? We wish to accept and welcome death delightfully.

As a poet says, 'It is death that is dead', we wish to live by the grace of God. Therefore, have mercy; please, have mercy. ■

Dear Sister,

I have learnt about the condition of Brother's health. God's prayer inspires compassion. Now, I feel that it would have been better if I were in Gujarat so that I can rush to the spot immediately. This place is far away. It would take four days to reach there. It may be unaffordable to come to Rajkot very frequently. Besides, my arrival there may make some trouble for you. But one thing is certain that it would be easier to reach there quickly if I were in Gujarat.

It is good that Brother writes to me everything clearly. Only you must be firm like a rock. It is not a child's play to observe one's dear one in suffering such an agony. ■

My Dear Brother,

I am pleased to read the letter in your own handwriting.

My only prayer is that remembrance of God may be alive in your heart.

The will to live is found in everyone in its entirety and wholeness. It cannot be broken, even if you try. And, therefore, continuity of life sustains. The end of the body is not the end of life. The end of the body opens door to possibility of entering into a new life. As the body is unable to perform certain acts, the Being changes it as we change clothes. This is a natural process. I will be highly obliged if the feeling of remembering God is reinforced. ■

## *Art of getting Mota's help*

Dear Brother and Sister,

Please do not preserve anything in your mind. And now is the time to empty the mind fully.

In order to be awakened from inside, one has to be unconscious from outside. It is so in penance also. When there is an excess of emotions, the emotional outburst occurs very often. When external awareness is forgotten, one is engrossed within oneself.

When concentration develops and commitment to such practice is strengthened the process becomes natural. After that the outside consciousness does not go away but the inner consciousness becomes awakened. If the consciousness of This Being is awakened and if remaining in its memory is made possible, you can feel that help is extended to you. ■

## *Action with reciting God's name is Yajna*

Dear Brother and Sister,

I rely only on you O! Sister. Therefore, please have courage. You must serve with peaceful mind and patience. I shall feel honoured if you don't weep, wail or lament.

Whatever you do with love and composed mind while praying to God, it will be like performing a Yajna. You can tell Him whatever you wish to tell through prayers. ■



Dear Brother and Sister,

Our honour lies in the hands of our great Lord, who has thousand hands. As the food intake is gradually reduced and weakness increases, I think that the end is near. Therefore, you should be free from all anxiety. It is not advisable to leave the body filled with complete disappointments. But, is anyone convinced of everything fully? How to advise and what to tell to a being whose disappointment knows no bounds though he is experiencing the signs of God's grace apparently at every stage? We too like the company of the brave. ■

***Dear ones are not enthusiastic  
about taking Path to God***

Dear Brother and Sister,

Received your letter dated 28-8-57. It is God's grace that you are reminded of the date 28-8-41. About 16 years have passed since then.

During those 16 years we could not become people of real attachment even as down to earth worldly persons. From the worldly point of view we could not create a situation that a friend loves another friend with intensity and momentum by the grace of God. This is not a matter of sorrow for me. Even today I can see by the grace of God the real attitude of man and his attitude from the life of the near dear ones. As there is no real enthusiasm to proceed on the path to God, no one does any progress. I do not see the faith in them needed to walk on This Path.

Therefore, I cannot show any result by way of experiment. I also see the lack of hearty and pure stormy love in Sadguru who has disguised as a ladder for us to climb up. So if nothing is achieved, it is in order.

But I have not given up efforts by thinking that it is proper if no result is obtained, or by leaving everything to God's will. By the grace of God This Being has played a role in the lives of those dear ones. The incident of This Being falling sick in Rajkot was not an accident. Even today I have not fully recovered. I get temperature every afternoon. When some improvement takes place in the health, the Tantrik experiment as I have informed you earlier can be done. But that will still take 15-20 days. ■

Dear Brother and Sister,

Experiencing reeling sensation even while coming out of the bed and the eyes have pain in them, if it continues to happen so very often, things will take place as per the wish of Shri Hari. Even Veganin does not show any effect as it did. All these signs are indication of to fulfilling His desire. ■

Dear Sister,

I am not yet fit to travel. Weakness still persists. And I do not have any appetite for taking food. I do not think there will be any improvement for another 15 days. So please do not expect me to come there.

I have learnt about the condition of Brother. Very often he becomes speechless and his eyes have pain in them or some part of his head loses sensation. All these sings

are as per the wish of ..... It is God's grace that he does not have unbearable pain as found in the patients of this kind. Appreciating that grace of God, be grateful. ■

### *Mota's feelings for dear ones*

Dear Brother and Sister,

In fact Brother does not wish to die at all. No Being has the wish to die because the in built will to live is eternally alive and this life has the connectivity with the other life. The in built will to live is like a string that binds the beads of a rosary together. It is present in all kinds of beings. Inanimate as well as animate. Whatever a man speaks, his speech has some meaning with the context of time of his speaking. Nobody can stop anyone from dying if he wishes to die. There is no much improvement in my health.

I do not have the same type of feelings even for my family relatives as I have for you. After returning from Trichinapalli, a far off place, I have arranged to stay in Gujarat only for you. It is no way an obligation on anybody. But, it is a solid evidence to the fact as how deep is the affection of This Being for the loved ones. Take it for granted that one who has no sense of appreciation is not the being of a noble kind. ■

Dear Brother and Sister,

Dr. Modi says, 'Cancer has spread in the brain and it has affected the skull, whereas the palate has become quite pliable . But, you go to the doctor and ask him, when shall the body get rid of all these pains? It is good that Vegenin is given at present. It is good if injecting Morphia is avoided.

Dear Brother,

The noble nature of Respectable Ba Saheb is reflected in her affection for you.

God intends to show us the good model of behaviour with our relatives through her. ■

Dear Brother and Sister,

I learnt that the quantity of fluid coming out of the nostrils of Brother has decreased. It is a relief, isn't it? I have learnt that the doctors' report is not encouraging. Please write to me what else the doctor says?

It is good that he can take the liquid of *mung*. It is also good that you are applying morphin and Samudrafeen on the swelling. ■

Dear Brother and Sister,

You must take care that there should be no lack of care on our part while treating Brother. Our attention should not be diverted from him, if the visitors come. It is necessary that our attention should be constantly fixed on him.

Our custom of visiting the sick person had a purpose to be useful to others and it is so. But at present I find in a city like Amdavad that the members of the family have to take more care of the visitors than the one who is sick. You have to entertain them otherwise you will be criticised of having no sense of hospitality. If someone asks my

advice, I would bluntly refuse for a visit to there. Those who have the real affection for brother might offer prayer to God for the improvement of his health heartily. That is the real purpose of affection. We are not going to be offended if no one comes to see him. On the contrary, we will be able to concentrate more and more on his care and that is much more necessary now. ■

### *Develop feelings by contact of 'Mota'*

Dear Brother and Sister,

I don't like the affectionless relation by the grace of God. If the relationship does not inspire any emotion or does not inspire the feelings of sacrifice, surrender or renunciation that relationship is futile. The purpose of relationship is to stimulate good feelings. If nothing of this kind is experienced it is useless. By the grace of God our life is sustained by Him only. ■

Dear Brother and Sister,

We have to develop the sense of complete surrender devotionally by thinking, "Let thy will be done." One who has complete faith and trust in God accepts everything as God's grace. ■

Dear Brother and Sister,

You should not be worried under any circumstances. You must keep up patience and show firm courage. You should be free from all anxieties. The real feeling lies in

taking the course by which the welfare of our dear ones is achieved. Shedding tears like ordinary people is not the real way of showing feelings. We must be engrossed in his care whole-heartedly. Our care has some value if he gets full satisfaction with it. Therefore, we must see to it that there should be no lack in the brother's care. Keep up taking care of him constantly. ■

Dear Brother and Sister,

Brother, please note that if you are worried about death, it will be discredit and shameful for us. Therefore, please endure everything patiently and peacefully as you have done so far. You may call me whenever you need me. ■

Dear Brother and Sister,

I am sure that your brain and intellect are still functioning efficiently. This condition is rarely found among other patients of this kind. Please do not have any fear, and do not be confused. The end of everybody's body is certain. The same will happen to us also. ■

Dear Brother and Sister,

The condition of your health might show changes. Now we should be free from all worries. We cannot afford to be fearful. Leave all the fear to Him. Whatever is imminent, is bound to happen. The constant in built will to live in every Being is suggestive of eternity of life. Continuity

of life depends upo the feeling of will to live. Therefore, another life is possible. Life is indeed eternal. ■

Dear Brother and Sister,

God's grace is abounding. The only thing is that it does not seem to be operating in relation to our body as per our wish. Yet it is useful in the matters of life. ■

### *Punishment of abandoning God's name*

Dear Brother & Sister, and  
Mahatmashri 108 Ramakant Saheb,

Does our Mahatma sleep during the day? If he is found sleeping pour a potful of cold water on him. **And if he does not recite God's name, give a blow on his head or place a burning coal on his body. I do not write this in a joke. I mean it.** He will learn reality only if such punishment is given. The whole life has slipped away, yet the lord's eyes do not open. Therefore please all of you should recite God's name more and more. ■

### *Mota's prayer at the time of dear ones death*

Dear Brother and Sister,

I always pray to God that my dear ones mind be engrossed by the thoughts of God at the time of shedding the body, received by the grace of God. This fact also is a tested one. Nandubhai's mother had exhibited it at the

time of her death. The doctors could not feel the pulse for two hours. She was so serious that a panel of three doctors was invited to examine her. At that juncture also she was reciting God's name and that too loudly. Even the doctors were surprised to find that she was speaking loudly even in her such serious condition. Therefore, dear brother, be fearless. Though I am physically away from you. I am heartily with you and my goal is to see that you are constantly engrossed in God. Looking to the condition of your health and the disease that you are suffering from, it is not possible for any man to live as you do. You have certainly got the support of God's grace.

Sister, please note that this is the real time for you to take care of Brother. And this is the time to show courage. Do not let him be disheartened or depressed in any way. Behave in such a way that he gets peace and comfort. ■

Dear Brother and Sister,

I have learnt everything about Brother's condition. Now we have to be cautious and be free from anxiety of any kind. Keep up complete courage and patience. ■

***Inner awareness is  
the foundation of life's progress***

Dear Brother and Sister,

The time for another body and of renewed life has arrived. If we miss this opportunity, everything is lost.



Therefore, we have to be cautious during this period with courage and boldness. The inner awareness is the foundation of life's progress. Keep it up that by the grace God. Body is merely an instrument to stimulate that awareness. The power of inner instruments is much greater than the body. And that power is operating now. Now, the end is near. Therefore, please be cautious keeping the inner awareness alive. ■

Dt. 12-11-57  
Nadiad

Dear Sister,

Kuberdas, who was looking after the Ashram and taking care of all of us has passed away because of heart failure. Today is the second day of his death. God is testing our patience in every respect. This is His grace.

Do not worry about anything and do not be confused. Save my credit by showing courage as you have done so far.

You have added glory to my name by your behaviour. Behave in the same way in future also.

“Hariom” ■

॥ HARIᅀ AUM ॥  
**CLOSING PRAYER**  
**ĀRTI**

Aum, give me Refuge O Lord, at the Haven of Thy Holy Feet,  
 Save this fallen soul, lead him by Thy hand, clasp him to Thy heart.....(1)

Let my mind, heart and speech be revealed by my action,  
 May Thou unify by Thy Grace, my mind, speech and heart.....(2)

May our heart's love pervade in our dealings with all,  
 Even where insult is done, let there only love prevail.....(3)

May we attempt by Thy Grace, to change our lower instincts  
 Into nobler ones, so we may be worthy of Thy Holy Feet.....(4)

May my mind's thoughts and tendencies of the vital  
 And intellect's all doubts dissolve at Thy Holy Feet.....(5)

To appear to others as we truly are at heart,  
 Let our being be open, so others can know us truly and well.....(6)

Give me the will not to do otherwise,  
 Contrary to what is truly in my heart O Lord.....(7)

Wherever there are Virtue and Nobility, let my heart there abide  
 May Virtue and Nobility flower and blossom in my heart.....(8)

May the instincts of the vital and the mind merge and melt in my love for Thee  
*And may my adoration for Thee ever surge, dance in delight and joy.....(9)*

*Aum, give me Refuge O Lord, at the Heaven of Thy Holy Feet*

- Mota

(Gujarati : Aarti - Translator : Babu Sarkar)

### हरि:ॐ आश्रम में उपलब्ध हिंदी पुस्तिका का लिस्ट

क्रम पुस्तक	प्र.आ.	८.	श्रीमोटा के साथ वार्तालाप	२०१२
१. पूज्य श्रीमोटा एक संत	१९९७	९.	विवाह हो मंगलम्	२०१२
२. कैंसर का प्रतिकार	२००८	१०.	बालकों के मोटा	२०१२
३. सुख का मार्ग	२००८	११.	विद्यार्थी मोटा का पुरुषार्थ	२०१२
४. दुर्लभ मानवदेह	२००९	१२.	मौनमंदिर का मर्म	२०१३
५. प्रसादी	२००९	१३.	मौनमंदिर का हरिद्वार	२०१३
६. नामस्मरण	२०१०	१४.	मौनकाल की पगडंडी पर	२०१३
७. हरि:ॐ आश्रम - श्रीभगवान के अनुभव का स्थान	२०१०	१५.	मौनमंदिर में प्रभु	२०१४

### हरि:ॐ आश्रममां उपलब्ध अंग्रेजी पुस्तकोनी याटी. ज्ञान्युआरी - २०२०

English book available at Hariom Ashram Surat.

January - 2020

No. Book	F. E.	14.	Against cancer (Cancer ni Same)	2008
1. At thy Lotus feet (Tuj Charane)	1948	15.	Faith (Shraddha)	2010
2. To the mind (Man ne)	1950	16.	Shri Sadguru	2010
3. Life's Struggle (Jeevan Sangram)	1955	17.	Human to Divine (Bhagat ma Bhagwan)	2010
4. The Fragrance of a saint (Parasliila)	1982	18.	Prasadi	2011
5. Vision of life - Eternal	1990	19.	Grace (Krupa)	2012
6. Bhava	1991	20.	I bow at thy feet (Tuj charane)	2013
7. Nimitta	2005	21.	Attachment and Aversion	
8. Self-interest (Swarth)	2005		(Raag dhwhesh)	2015
9. Inquisitiveness (Jignasa)	2006	22.	The Undending Odyssey - My Experience of Sadguru Sri Mota's Grace	2019
10. Shri Mota	2007			
11. Rites and Rituals (Vidhi-Vidhan)	2007			
12. Naamsmaran	2008			
13. Mota for children (Balako na Mota)	2008			

॥ हरि:ॐ ॥

## **Can you sleep peacefully?**

How very early do we get up if we have to catch bus or the train? We finish all our work quickly. But, it is a matter of great surprise that nobody makes preparations for the long journey that is imminent and predestined.

**– Shri Mota**

("Jeevansopan" 2nd Edi. P. 131)

**How life slips away, without warning!  
No one is aware of it; how surprising?**

**– Shri Mota**

("Shraddha" 1st Edi. P. 216)

Price : Rs. 10/-